

4LIFE PRODUCT CATALOG

4LIFE EUROPE • 2020



MARCH • 2020



4Life
TOGETHER, BUILDING PEOPLE™

4Life[®]

TOGETHER, BUILDING PEOPLE[™]





WELCOME TO 4LIFE®

More than twenty years ago, we came across the remarkable scientific finding of transfer factors. After experiencing ourselves this nutritional support, our passion grew, and we knew we would spend the rest of our lives sharing it with others. Today, with the help of our outstanding research and development team, along with input from our distinguished Health Sciences Advisory Board, our original finding has developed into one of the most revolutionary supplements available today, 4Life Transfer Factor™. Our progress has solidified 4Life worldwide and served as the springboard for Transfer Factor™ Science.

No matter what your age, or where you're from, we have a safe and effective transfer factor product that's just right for you. We invite you to try 4Life Transfer Factor for yourself and feel the difference that it can make on your personal wellness. Complemented by a wide range of additional supplements to meet your personal skin care and wellbeing, we are confident that 4Life products will make overall wellness support something you'll look forward to every day.

Sincerely,
 Bianca P. Lisonbee

David and Bianca Lisonbee
4Life Founders

To find out what products
are available in your
market, go to
www.4lifetools.eu or
scan the QR code



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4Life

TOGETHER, BUILDING PEOPLE™

THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

4Life Research USA, LLC., sells certain products to Distributors, Demonstrators, and Customers within the European Union that are not available for resale in some countries. These products are for personal consumption or the personal consumption of those in your household only and are "Not-For-Resale", distribution, or any other commercial purpose. 4Life limits the number of "Not-For-Resale" products that can be ordered at one time to an amount reasonably deemed by 4Life to be that which the individuals in your household can consume within a three month period. Failure to abide by these rules may result in the termination of your privilege to purchase "Not-For-Resale" products for personal use.



Our Pillars

4Life® Builds Lives through Success, Science and Service taking Transfer Factor to the world to promote the welfare of people.



Science

4Life promotes wellness and higher quality of life thanks to the revolutionary boost to wellness offered by the whole range of 4Life Transfer Factor™ products.



Success

4Life offers an unmatched opportunity to help people to achieve their goals and financial freedom through the 4Life Opportunity and the Life Rewards Plan™.



Service

4Life strives to build lives, families and communities around the world through the humanitarian work of Foundation 4Life.

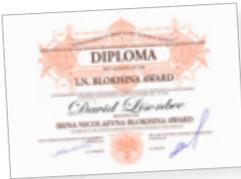


Recognition

4Life Transfer Factor™ products work and have been making news for more than a decade.

I.N. Blokhina Award

This prize is usually awarded to university professors, biologists and biochemists. In 2006 David Lisonbee won this prize in recognition of his commitment to research into transfer factors, patents and innovative production processes.



Inc. magazine

4Life was placed 15th in the list of private companies with largest growth in the United States.



TotalHealth magazine

4Life è stata riconosciuta per la sua dedizione al benessere da questa prestigiosa rivista, mezzo di comunicazione riconosciuto per fornire contenuti importanti per il benessere delle persone.

\$100 Million Club

In 2010 4Life entered this club on becoming a direct selling company with annual sales of more than \$100 million.



TOGETHER, BUILDING PEOPLE™

Nexera

In early 2012 Nexera, a major provider of training and educational tools for the network marketing industry, announced its staff choice of the top 25 network marketing companies in the industry and ranked 4Life at number ten.

Success from Home magazine

We have been endorsed by independent organizations in leading publications, such as Success from Home, which promotes credibility and so inspires confidence in the future success and stability of 4Life.

DSN Ranking

Only 24 companies have made the list every year. 4Life is among them. In 2019, 4Life placed #43.



International Life Sciences Award

In 2017, Global Health & Pharma named 4Life the Best Health & Fitness Supplement Provider in the United States of America.



Our Formulas

As a result of research, 4Life has developed different formulas to adapt to the wellness needs of each individual.

Transfer Factor XF™

Transfer Factors found in cow colostrum.

Targeted Transfer Factor

Transfer Factors formulated for specific wellness.

Transfer Factor E-XF™

Transfer Factors found in cow colostrum combined with transfer factor found in egg yolk.

Tri-Factor™ Formula

A Formula that enhances the function of Transfer Factor E-XF with other cow colostrums nutrients.



From left to right: David and Bianca Lisonbee, Founders of 4Life; Danny Lee, President & CEO; Dr. Brent Vaughan, PhD, Vice President of Research and Development; Dr. David Vollmer, PhD, Chief Scientific Officer.

THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

4Life Research USA, LLC., sells certain products to Distributors, Demonstrators, and Customers within the European Union that are not available for resale in some countries. These products are for personal consumption or the personal consumption of those in your household only and are "Not-For-Resale", distribution, or any other commercial purpose. 4Life limits the number of "Not-For-Resale" products that can be ordered at one time to an amount reasonably deemed by 4Life to be that which the individuals in your household can consume within a three month period. Failure to abide by these rules may result in the termination of your privilege to purchase "Not-For-Resale" products for personal use.

TRI-FACTOR FAMILY

The exclusive 4Life Tri-Factor Formula is a breakthrough in the wellbeing industry. The Tri-Factor Family products are specially formulated to give broad support to your wellbeing.





**4LIFE TRANSFER FACTOR™
TRI-FACTOR™ FORMULA
(60 CAPSULES)**

This product supports your body with cow colostrum and egg yolk.

- 4Life Transfer Factor Tri-Factor Formula is perfect for everyone— young, old, and in between.
- Contains the highest amount of Tri-Factor Formula per capsule—300 milligrams.

Ingredients: 4Life Tri-Factor™ Formula (colostrum (milk) and egg yolk), glazing agent (hydroxypropyl methylcellulose – capsule shell), and maltodextrin.

AMOUNT PER DAILY DOSE: colostrum (420 mg), and egg yolk (180 mg).

Directions: Take two (2) capsules daily with 240 ml of liquid.



CAPSULES

60

35
LP



4LIFE TRANSFER FACTOR™ PLUS™ TRI-FACTOR™ FORMULA (90 CAPSULES)

This top seller includes cow colostrum and egg yolk along with a boost of our proprietary Cordyvant™ blend.

- Each capsule contains 3,3 mg of Zinc, nutrient that **contributes to the normal function of the immune system.**⁽¹⁾
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and beta-glucan.

Ingredients: 4Life Tri-Factor™ Formula (made from cow colostrum (milk) and egg yolk), inositol hexaphosphate, soy bean powder (*Glycine max* L. Merr.), stabilizer (hydroxypropyl methylcellulose), cordyceps mycelium extract (*Cordyceps sinensis* (B.) Saccardo), fermented baker's yeast, zinc mono-L-methionine sulphate, agaricus fruiting body extract (*Agaricus blazeii*), aloe vera leaf powder (*Aloe barbadensis*), oat extract (*Avena sativa* L.), olive leaf extract (*Olea europaea* L.), lemon peel flavor, shiitake fruiting body extract (*Lentinula edodes* (Berk) Pegler), maitake fruiting body extract (*Grifola frondosa* S.F. Gray), and water.

Directions: Take three (3) capsules daily with 240 ml of fluid.



⁽¹⁾ EFSA Journal 2009; 7(9):1229



4LIFE TRANSFER FACTOR™ TRI-FACTOR™ FORMULA RIOVIDA STIX™ (15 PACKETS)

FOOD SUPPLEMENT WITH SWEETENERS, MINERAL SALTS AND 4LIFE TRANSFER FACTOR TRI-FACTOR FORMULA

- Each packet contains 600 mg of 4Life Transfer Factor Tri-Factor Formula.
- With fruit powders (açai, blueberry, apple and grape).
- Easy to take, share and combine with other Transfer Factor products.
- With mineral salts that help to achieve adequate hydration during the practice of physical activity

Ingredients: Fructose, flavor enhancer (citric acid), grape flavor, 4Life Tri-Factor™ Formula (made from bovine colostrum (**milk**) and **egg** yolk), bulking agent (gum arabic), pomegranate-açaí flavor, carrot powder (*Daucus carota*), apple powder (*Malus domestica*), açai fruit powder (*Euterpe oleracea*), blueberry powder (*Vaccinium myrtilloides* Michx.), elderberry flavor, elderberry powder (*Sambucus nigra*), sodium chloride, potassium chloride, grape powder (*Vitis vinifera*), and sweetener (sucralose).

Directions: Dissolve one packet in 240 ml of water. Shake or stir well until completely. Take one packet daily.





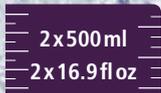
**4LIFE TRANSFER FACTOR™
RIOVIDA™ TRI-FACTOR™
FORMULA
(PACK OF TWO 500 ML
BOTTLES)**

The one-and-only beverage supplement in the world that combines the benefits of cow colostrums and egg yolk with antioxidant-rich fruits.

- Features cow colostrum and egg yolk.
- Includes a potent fusion of antioxidant juices, including açai, pomegranate, blueberry, and elderberry
- Each serving contains 60mg of vitamin C, nutrient that contributes to **the normal function of the immune system and to the protection of cells from oxidative stress.** [1]

Ingredients: Water, grape juice (*Vitis vinifera* L.), apple juice (*Malus domestica* (Borkh.) Borkh.), emulsifier (glycerol), blueberry juice (*Vaccinium myrtilus* L.), 4Life Tri-Factor Formula (colostrum (milk) and egg yolk), pomegranate juice (*Punica granatum* L.), L-ascorbic acid, elderberry juice (*Sambucus nigra* L.), berry cream flavor, açai (*Euterpe oleracea* C. Martius), anti-foaming agent (silicon dioxide), and emulsifier (monoglycerides of fatty acids).

Directions: Drink 30 ml daily.



WITH VITAMIN C, WHICH CONTRIBUTES TO THE NORMAL FUNCTION OF THE IMMUNE SYSTEM [1]

[1] EFSA Journal 2009; 7(9):1226 • EFSA Journal 2010; 8(10):1815

4LIFE TRANSFER FACTOR™ RIOVIDA BURST TRI-FACTOR™ FORMULA (15 PACKETS)

One-and-only Transfer Factor supplement available in an edible gel. It provides the benefits of cow colostrum and egg yolk, along with an antioxidant-rich blend of açai, pomegranate, blueberry, elderberry, and purple grape. Portuguese for River of Life, RioVida Burst is a delicious way to juice up your day.

- The first and only 4Life Transfer Factor edible gel in the world.
- Supports wellness and vitality.
- Each serving contains 30mg of vitamin C, nutrient that contributes to **the normal function of the immune system and to the protection of cells from oxidative stress.** [1]

Ingredients: Apple juice (*Malus domestica* (Borkh.) Borkh.), grape juice (*Vitis vinifera* L.), blueberry juice (*Vaccinium corymbosum* L.), açai (*Euterpe oleracea* C. Martius), pomegranate juice (*Punica granatum* L.), emulsifier (vegetable glycerin), elderberry juice (*Sambucus nigra* L.), 4Life Tri-Factor™ Formula (made from bovine colostrum (milk) and egg yolk), gelling agent (xanthan gum, guar gum), berry cream flavor, vitamin C, and emulsifier (monoglycerides).

Directions: Enjoy one packet daily.



WITH VITAMIN C, WHICH CONTRIBUTES TO THE NORMAL FUNCTION OF THE IMMUNE SYSTEM [1]

[1] EFSA Journal 2009; 7(9):1226 • EFSA Journal 2010; 8(10):1815



**4LIFE TRANSFER FACTOR™
TRI-FACTOR™ FORMULA
CHEWABLE
(90 CHEWABLE TABLETS)**

Chewable daily serving of cow colostrum and egg yolk in a great-tasting citrus cream tablet for overall body wellness support.

- This product supports your body cow colostrum and egg yolk.
- Provides a great option for those who prefer not to swallow capsules.

Ingredients: Fructose, maltose, 4Life Tri-Factor™ Formula (made from colostrum (milk) and egg yolk), sweetener (sorbitol E420), orange flavor, acidulant (malic acid E296), vanilla flavor, anti-caking agent (fatty acids E570), and microcrystalline cellulose.

Directions:

Take three (3) tablets daily.





4LIFE TRANSFER FACTOR™ CLASSIC (90 CAPSULES)

4Life's original Transfer Factor product for daily nutritional wellness support.

- Supports your body's natural wellness.
- Provides effective nutritional support.

Ingredients: 4Life Transfer Factor (made from cow colostrum (milk)), bulking agent (maltodextrin), gelatine, and water.

Directions: Take three (3) capsules daily with 240 ml of liquid.





**4LIFE TRANSFER FACTOR™
RENUVO™
(120 CAPSULES)**

Each serving contains 460 mg of Rhaponticum and 440 mg of Schisandra.

- It reinforces the recovery of overall well-being.
- Contains Transfer Factor.

Ingredients: Rhaponticum (*Rhaponticum carthamoides* (Willd.) Iljin) root extract, schisandra (*Schisandra chinensis* (Kurz.) Baill.) fruit extract, gelatine, L-carnitine, green tea (*Camellia sinensis* L. Kuntze) leaf extract, ashwagandha (*Withania somnifera* L. Dunal) root extract, turmeric (*Curcuma longa* L.) root extract, Japanese knotweed (*Polygonum cuspidatum* Siebold et Zucc.) root extract, colostrum (milk), black pepper (*Piper nigrum* L.) fruit extract, egg yolk, and anti-caking agent (silicon dioxide).

Directions: Take two (2) capsules twice daily on an empty stomach with 240 ml of water.



PRO-TF™

YOUR TOTAL PROTEIN INFUSION

READY TO SHAKE PROTEIN
with Transfer Factor Tri-Factor™™

High source of protein

Ideal for the maintenance of muscle mass

With 4Life Tri-Factor™ Formula

Each daily serving provides 20 grams of protein

CONTRIBUTES TO
THE GROWTH AND
MAINTENANCE OF
MUSCLE MASS^[1]

25
LP

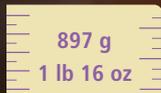
ACTIVE LIFE



Conservation and precautions: KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not exceed the recommended daily dose. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. This product is accurately packed by weight. Some settling may occur during storage and shipping.

[1] EFSA Journal 2010; 8(10):1811, EFSA Journal 2011; 9(6):2203

PRO-TF™ CHOCOLATE FLAVOR



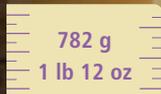
DIRECTIONS: Combine one (1) scoop (19.5 g) powder with 240 ml of cold water. Shake or stir until dissolved. Drink. Consume one serving daily.



Ingredients: Whey protein (**milk**, **soy**), maltodextrin, **egg** white protein, cocoa powder, natural chocolate flavor, medium chain triglycerides, 4Life Tri-Factor Formula (made from colostrum (**milk**) and **egg** yolk), sodium chloride, thickeners (xanthan gum, sodium carboxymethylcellulose), and sweeteners (sucralose, acesulfame K).

4LIFETRANSFORM™

PRO-TF™ VANILLA CREAM FLAVOR



Directions: Combine one (1) scoop (17 g) powder with 240 ml of cold water. Shake or store until dissolved. Consume two servings daily.



Ingredients: Whey protein (**milk**), maltodextrin, **egg** white protein, natural vanilla-cream flavor, thickener (guar gum), medium chain triglycerides, colostrum (**milk**), sodium chloride, **egg** yolk powder, sweeteners (sucralose, acesulfame K).

4LIFETRANSFORM MAN

BOOST YOUR IMMUNE SYSTEM* AND YOUR ACTIVE LIFESTYLE.

4LifeTransform Man is a dietary supplement specifically designed for men leading an active lifestyle and for those who want to age healthily.

CAPSULES

120

ACTIVE LIFE



25
LP

*owing to its vitamin D content.

Directions: Take two (2) capsules twice daily with 250 ml of fluid.

Ingredients: L-citrulline, citrus fruit bioflavonoid complex, coating agent (hydroxypropyl methylcellulose), *Panax ginseng* root extract, cholecalciferol, medium chain triglycerides, and water. **Consult your doctor or pharmacist when taking anti-diabetic treatment.**



4LIFETRANSFORM WOMAN

ENJOY LIFE.

4LifeTransform Woman is a dietary supplement containing a powerful combination of citrulline, evening primrose and purslane specifically designed for women who want to enjoy an active lifestyle.

CAPSULES

120

ACTIVE LIFE



25
LP

Directions: Take two (2) capsules twice daily with 250 ml of fluid.

Ingredients: L-Citrulline, coating agent (hydroxypropylmethylcellulose), evening primrose (*Oenothera biennis*) seed extract, purslane (*Portulaca oleracea* L.) herb extract, anti-caking agent (magnesium stearate), medium chain triglyceride oil, and water.



KEEP OUT OF REACH OF CHILDREN. DO NOT EXCEED THE RECOMMENDED DAILY DOSE.
FOOD SUPPLEMENTS ARE NOT A SUBSTITUTE FOR A VARIED AND BALANCED DIET AND A HEALTHY LIFESTYLE.

4LIFETRANSFORM

BURN™

FOOD SUPPLEMENT WITH INGREDIENTS
THAT CONTRIBUTE TO NORMAL FAT
METABOLISM AND SUPPORT WEIGHT
CONTROL.

CAPSULES



80

ACTIVE LIFE



35
LP

DIRECTIONS: Take two (2) capsules daily with 250 ml of fluid.
Take product five or more days per week. For best results, take one
hour before exercise.

INGREDIENTS: Citrus (*Citrus paradisi*, *Citrus sinensis* and *Citrus
aurantium*) fruits extract, *Coleus forskohlii* root extract, coating
agent (hydroxypropylmethylcellulose), African mango (*Irvingia
gabonensis*) seed extract, dihydrocapsiate, water, ginger (*Zingiber
officinale*) root oil, and anti-caking agent (magnesium stearate).





4LIFE TRANSFER FACTOR™ VISTA™ (60 CAPSULES)

As well as lutein and zeaxanthin, 4Life Transfer Factor VISTA contains vitamins A, E and C, zinc, extract of blueberry, black currant berry extract and other ingredients to enhance your overall wellness program. Contains lutein and zeaxanthin, which are fat soluble yellow pigments that are concentrated in the macula of the eye. Each capsule contains:

- 32,5 mg of vitamin C and 11 mg of vitamin E, which **contributes to the protection of cells from oxidative stress.**^{[1] [2]}
- 2,5 mg of zinc and 975 µg of vitamin A, which **contributes to the maintenance of normal vision.**^{[3] [4]}

Ingredients: Maltodextrin, stabilizer (hydroxypropyl methylcellulose), lutein, 4Life Tri-Factor™ Formula (made from colostrum (milk) and egg yolk), L-ascorbic acid, d-alpha tocopheryl acetate, zeaxanthin, astaxanthin, zinc gluconate, bilberry (*Vaccinium myrtillus* L.) fruit extract, spirulina (*Spirulina Turpin* ex. Gomont, 1893 (*Spirulina platensis* (Gomont) Geitler)) algae powder, citrus bioflavonoids, anti-caking agent (stearic acid), black currant (*Ribes nigrum* L.) fruit extract, ginkgo (*Ginkgo biloba* L.) leaf extract, blackberry (*Rubus fruticosus* L.) fruit powder, L-ascorbyl 6-palmitate, retinyl palmitate, beta carotene, water and antioxidant (ascorbic acid).

Directions: Take one (1) capsule daily with 240 ml of liquid.



^[1] EFSA Journal 2009;7(9):1226, 2010;8(10):1815 — ^[2] EFSA Journal 2010;8(10):1816

^[3] EFSA Journal 2009;7(9):1229 — ^[4] EFSA Journal 2009;7(9):1221, 2010;8(10):1754



WITH MAGNESIUM, WHICH CONTRIBUTES TO NORMAL FUNCTIONING OF THE NERVOUS SYSTEM

4LIFE TRANSFER FACTOR™ RECALL™ (90 CAPSULES)

4Life Transfer Factor Recall is the dietary supplement which combines the Tri-Factor Formula with antioxidants and a synergistic blend of nutrients that help support the well-being of students and professionals with an active and intensive lifestyle. Each serving contains:

Each serving daily serving contains:

- 109 mg of magnesium, which contributes to **normal functioning of the nervous system.** ^[1]
- 66,6 mg of 4Life Transfer Factor Tri-Factor to strengthen your overall well-being.



Directions: Take two (2) capsules daily with 240 ml of liquid.

Ingredients: Anti-caking agent (microcrystalline cellulose), magnesium oxide, stabilizer (gelatin), choline (soy), *Bacopa monnieri* (L.) pennell, *Ginkgo biloba* L., 4Life Tri-Factor™ Formula (made from bovine colostrum (milk) and egg yolk), magnesium gluconate, L-cysteine, L-tyrosine, L-glutamine, anti-caking agent (stearic acid), stabilizer (water), anticaking agent (silicon dioxide), and colorant (beta-carotene).

^[1] EFSA Journal 2009;7(9):1216



**4LIFE TRANSFER FACTOR™ BCV™
(120 CAPSULES)**

A Targeted Transfer Factor product that blends egg yolk with over vitamins, minerals, and antioxidants. Each serving contains:

- 185 µg of vitamin A, which **contributes to normal iron metabolism.**^[1]
- 50,5 mg of vitamin C, which contributes to normal collagen formation for **the normal function of blood vessels.**^[2]
- 10 mg of vitamin E and 12,5 µg of Selenium, which **contributes to the protection of cells from oxidative stress.**^{[3] [4]}
- 0,5 mg of vitamin B6 and 1 µg of vitamin B12, which **contributes to normal red blood cell formation.**^{[5] [6]}
- 2,5 mg of zinc, which **contributes to normal metabolism of fatty acids.**^[7]
- 0,5 µg of copper, which **contributes to normal iron transport in the body.**^[8]
- A proprietary blend that includes coenzyme Q-10, ginkgo biloba, garlic, and ginger oil.

Ingredients: Magnesium L-lysinate, gelatine, ascorbic acid, garlic (*Allium sativum*), 4Life Transfer Factor™ (egg yolk), English hawthorn (*Crataegus laevigata* (Poir.) DC.), potassium citrate, d-alpha tocopheryl succinate, butcher's broom (*Ruscus aculeatus*), zinc gluconate, magnesium L-ascorbate, water, *Ginkgo biloba* L., beta-carotene, ginger (*Zingiber officinale* Roscoe), niacinamide, copper glycinate, coenzyme Q10, L-selenomethionine, Japanese knotweed (*Polygonum cuspidatum*), L-ascorbyl-6-palmitate, folic acid, pyridoxine hydrochloride, and cyanocobalamin.

Directions: Take one (1) capsule daily with 240 ml of liquid.

TRANSFER FACTOR 	ACTIVE LIFE 	CAPSULES  120	46 LP
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[1] EFSA Journal 2009;7(9):1221 — [2] EFSA Journal 2009;7(9):1226 — [3] EFSA Journal 2010;8(10):1816
 [4] EFSA Journal 2009;7(9):1220, 2010;8(10):1727 — [5] EFSA Journal 2009;7(9):1225 — [6] EFSA Journal 2009;7(9):1223
 [7] EFSA Journal 2009;7(9):1229 — [8] EFSA Journal 2009;7(9):1211



4LIFE TRANSFER FACTOR™ GLUCOACH™ (120 CAPSULES)

A Targeted Transfer Factor product from bovine colostrum and chicken egg yolk combined with minerals, herbs, and other ingredients that support your body's wellness. Each capsule contains:

- 150 µg of chromium, which **contributes to the maintenance of normal blood glucose levels.** ^[1]
- 65 µg of vitamin C, which **contributes to maintain the normal function of the immune system during and after intense physical exercise.** ^[2]

Ingredients: Cinnamon (*Cinnamomum zeylanicum*), prickly pear (*Opuntia ficus-indica*), banaba (*Lagerstroemia speciosa*), gelatin, L-ascorbic acid, ginseng (*Panax ginseng*), 4Life Transfer Factor™ (made from bovine colostrum (milk) and egg yolk), water, and chromium chloride (III).

Directions: Take one (1) capsule daily with 240 ml of liquid.



[1] EFSA Journal 2010;8(10):1732, 2011;9(6):2203 — [2] EFSA Journal 2009;7(9):1226



**4LIFE TRANSFER FACTOR™
MALEPRO™
(90 SOFT CAPSULES)**

4Life Transfer Factor combined with other ingredients for providing support for male body wellness. Each capsule contains:

- 5 mg of zinc, which **contributes to the maintenance of normal testosterone levels in the blood and to normal fertility and reproduction.** ^{[1] [2]}
- 66 µg of selenium, which **contributes to the normal function of the immune system and to normal spermatogenesis.** ^[3]
- 33,3 mg of Transfer Factor from cow colostrum and egg yolk.
- Includes saw palmetto and lycopene for male wellness.
- Provides isoflavones, broccoli extract, and antioxidants.

Ingredients: Olive oil, gelatine, corn oil, emulsifier (glycerine), saw palmetto (*Serenoa repens*), nettle (*Urtica dioica*), broccoli (*Brassica oleracea*), kudzu (*Pueraria lobata*), soy (*Glycine max*), stabilizer (yellow beeswax), 4Life Transfer Factor™ (made from bovine colostrum (milk) and egg yolk), water, zinc oxide, L-selenomethionine, lycopene, and stabilizer (lecithin).

Directions: Take one (1) softgel daily with 240 ml of liquid.



^[1] EFSA Journal 2010;8(10):1819 — ^[2] EFSA Journal 2009;7(9):1229 — ^[3] EFSA Journal 2009; 7(9):1220

**4LIFE TRANSFER FACTOR™
GLUTAMINE PRIME™
(120 CAPSULES)**

Rich energy source that provides nutritional fuel and the building blocks of glutathione, an important antioxidant.

- Supplies added nutritional fuel with cow colostrum and the important amino acid glutamine.
- Nutritionally promotes the body's production of glutathione, a powerful natural antioxidant.
- Each serving contains 1.600mg of L-Glutamine and 20mg of cow colostrum

Ingredients: Lglutamine, stabilizer: gelatin (capsule), L-arginine, N-acetyl-L-cysteine, anticaking agent: microcrystalline cellulose, alpha lipoic acid, stabilizer: water, anti-caking agent: stearic acid, and colostrum (milk).

Directions: Take four (4) capsules daily with 240 ml of liquid. For best results it is recommended to take 2 capsules in the morning and 2 in the evening.

TRANSFER
FACTOR



CAPSULES



25
LP

ACTIVE LIFE





4LIFE TRANSFER FACTOR™ BELLEVIE™ (60 CAPSULES)

A Targeted Transfer Factor™ product providing nutritional support for women.

- Features cow colostrum and egg yolk to fortify your body's natural wellness.
- Includes a blend of herbal antioxidants, phytoestrogens, and indoles.
- Nutritionally promotes overall feminine wellness.

Ingredients: Cruciferous vegetable blend (broccoli, cabbage, kale)(*Brassica oleracea* L.), green tea extract (*Camellia sinensis* L. Kuntze), stabilizer (gelatin), flaxseed extract (*Linum usitatissimum* L.), kudzu extract (*Pueraria lobata* [Willd.] Ohwi), 4Life Transfer Factor (made from bovine colostrum (milk) and egg yolk), grape seed extract (*Vitis vinifera* L.), red clover (*Trifolium pratense* L.), stabilizer (water), clove oil (*Syzygium aromaticum* L. Merr.).

Directions: Take two (2) capsules daily with 240 ml of liquid.





**4LIFE TRANSFER FACTOR™ REFLEXION™
(60 CAPSULES)**

Transfer factors combined with *Avena sativa* and L-Theanine.

Ingredients: Wild green oat (*Avena sativa* L.) herb extract, L-theanine, coating agent (hydroxypropylmethylcellulose), 4Life Tri-Factor™ Formula (made from colostrum (milk) and egg yolk), anti-caking agent (magnesium stearate), water, and anti-caking agent (silicon dioxide).

Directions: Take two (2) capsules daily with 240 ml of liquid.



**FEEL
CALM
AGAIN**



**enummi™ INTENSIVE BODY LOTION
(250 ML)**

enummi™ Intensive Body Lotion contains moisture-rich ingredients to treat your skin to optimal moisture levels and softness. This formula absorbs quickly, leaving behind a veil of moisture. With a soothing Thai lemongrass fragrance, this body lotion provides skin moisturizing for the entire family.

Ingredients: Aqua, *carthamus tinctorius* oil, glycerine, *helianthus annuus* seed oil, glyceryl stearate, stearic acid, *butyrospermum parkii* butter, caprylic/capric/myristic stearic triglyceride, cetyl alcohol, sodium stearoyl lactylate, *hordeum distichon* extract, cyclomethicone, triethanolamine, tocopheryl acetate, *camelia sinensis* extract, dimethicone, colostrum, cyclohexasiloxane, carbomer, *santalum album* extract, *phellodendron amurense* extract, PEG-100 stearate, allantoin, tocopherol, sodium PCA, *moringa pterygosperma* extract, luteum ovi powder, diethanolamine, disodium EDTA, *aloe barbadensis* gel, phenoxyethanol, sorbic acid, caprylyl glycol, chlorphenesin, ethylparaben, methylparaben, fragrance, limonene, benzyl benzoate, linal, citronellol, geraniol, hexyl cinnamal, hydroxycitronellal, lylal, and linalool.

Directions: Smooth generously on your skin, daily.



**WITH TRANSFER FACTOR E-XF™
FORMULATED FOR DRY CLIMATES**



**enummi™ TOOTHPASTE
(113GR)**

WITH TRANSFER FACTOR E-XF™

enummi™ toothpaste provides key ingredients that clean and brighten your teeth. This daily use, fluoride-free formula will keep you smiling all day long.

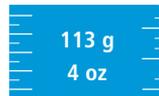
Ingredients: Sorbitol, silica, aqua, glycerin, avor, calcium carbonate, sodium bicarbonate, xylitol, cellulose gum, stevioside, titanium dioxide, sodium lauryl sarcosinate, sodium benzoate, colostrum, ubiquinone, luteum ovi powder, and lactoferrin

Directions: Apply a small amount of paste to toothbrush and brush thoroughly two times a day (or more) or after each meal.

Children ages 2 to 6 should be supervised to minimize swallowing.

DENTAL CARE

- Cleaning
- Brightness
- Fresh breath
- Fluoride-free





MOISTURISING SKIN SOOTHING GEL
WITH TRANSFER FACTOR XF™



4LIFE TRANSFER FACTOR™ RENEWALL™ (56.7GR)

Moisturise and enhance the appearance of your skin with 4Life Transfer Factor™ RenewAll™, a soothing gel especially formulated to support healthy skin. This revolutionary product takes Transfer Factor XF™ and blends it with extracts of aloe vera, rosemary, chamomile, and lavender into an easy-to-apply gel that keeps your skin soft and smooth. 4Life Transfer Factor RenewAll helps reduce the appearance of dry patches and continues to moisturise and soothe your skin. The gel may be used whenever you need it, whether it's when you wake up in the morning or after sun exposure and shaving. 4Life Transfer Factor RenewAll gives a healthy appearance to skin and supports its natural state.

Ingredients: Aqua, colostrum, PPG-2 isoceteth-20 acetate, triethanolamine, butylene glycol, polysorbate 20, carbomer, phenoxyethanol, caprylyl glycol, dimethicone copolyol, hexylene glycol, ethylhexylglycerin, *aloe barbadensis* gel, disodium EDTA, eucalyptus globulus oil, *rosmarinus officinalis* oil, panthenol, allantoin, glycerin, yeast polysaccharides, sodium PCA, *anthemis nobilis* extract, carrageenan, propylene glycol, citric acid, and *lavandula angustifolia* extract.

Directions: Apply freely to desired skin areas.

56.7g
2 oz

16
LP





ENERGY GO STIX™

IMPROVES ALERTNESS, PROMOTES CONCENTRATION AND REDUCES DROWSINESS.*

- Delicious tasting
- Easy to carry
- Compact
- Very lightweight before preparation
- Easy to combine with other 4Life products
- Non-Carbonated
- Low in calories
- Reasonably priced
- Easy to share
- With 4Life Transfer Factor™



TROPICAL



15 Kcal and 85mg of caffeine per portion (1 sachet)

Directions: Mix 1 packet with 240 ml of water once daily. Do not exceed the recommended daily dose.

Ingredients: Maltodextrin, taurine, green tea (*Camellia sinensis*) leaf extract, L-arginine, L-glutamine, acidity regulator (malic acid), natural mango flavor, yerba mate (*Ilex paraguariensis*) leaf extract, creatine, natural passion fruit-type flavor, beta carotene, anti-caking agent (silicon dioxide), acidity regulator (citric acid), natural passion fruit flavor, L-ornithine alpha-ketoglutarate, L-carnitine, eleuthero (*Eleutherococcus senticosus*) root extract, guarana (*Paullinia cupana*) seed extract, maca (*Lepidium meyenii*) root extract, 4Life Transfer Factor™ (made from colostrum (milk) and egg yolk), sweetener (sucralose), cherry extract, natural pineapple flavor, rhodiola (*Rhodiola rosea*) root extract, American ginseng (*Panax quinquefolium*) root extract, Korean ginseng (*Panax ginseng*) root extract, sweetener (acesulfame potassium), and chromium nitrate.

17 LP

SERVINGS 15

BERRY



10 Kcal and 52.5mg of caffeine per portion (1/2 sachet)

Directions: Mix ½ of the packet (2.5 g) in 240 ml of water. Do not exceed the recommended daily dose.

Ingredients: Isomaltulose, acidity regulator (citric acid), L-glutamine, taurine, raspberry flavour, vanilla flavour, green tea (*Camellia sinensis* L. Kuntze) leaf, L-arginine, strawberry flavour, yerba mate (*Ilex paraguariensis* A. St.-Hil) leaf extract, cranberry flavour, anti-caking agent (silicon dioxide), colorant (red beet), sweetener (sucralose), guarana (*Paullinia cupana* Kunth., Bonpl. et Kunth) seed extract, colorant (beta carotene), 4Life Transfer Factor™ Formula (made from colostrum (milk) and egg yolk), and flavour enhancer (sodium acetate).

34 LP

SERVINGS 60

CONSULT YOUR DOCTOR OR PHARMACIST IF YOU ARE TAKING ANTI-DIABETIC MEDICINES. CONTAINS CAFFEINE. NOT RECOMMENDED FOR CHILDREN OR PREGNANT WOMEN. Not a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. KEEP OUT OF REACH OF CHILDREN.

*owing to its caffeine content.

Fe

IRON

30

Zn
ZINC

20

Ca
CALCIUM

Mg

MAGNESIUM

Nutrastart™

SOURCE OF FIBRE, VITAMINS AND MINERALS

WITH 4LIFE TRANSFER FACTOR™

Na

SODIUM

20

Cu

COPPER



Who knew that some few calories

could taste so big? The all-natural chocolate or vanilla goodness in Nutrastart is a **source of fibre, vitamins and minerals**; is perfect as a between-meal snack or when blended with your favorite fruits or veggies, as a satisfying meal. Start everyday in a positive way with NutrasStart!

Directions: Add two (2) scoops of NutraStart to 8 oz (240 ml) of water. Blend or shake well until smooth and drink immediately. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

KEEP OUT OF REACH OF CHILDREN.

TRANSFER
FACTOR25
LP

ACTIVE LIFE



Nutrastart Chocolate: 960 g (2 lb 1.86 oz).

Nutrastart Vanilla: 804 g (1 lb 12.4oz).

VITAMIN
B6VITAMIN
EVITAMIN
B12VITAMIN
B3VITAMIN
B1VITAMIN
AVITAMIN
B12VITAMIN
DVITAMIN
B2VITAMIN
B5



Nutrastart Chocolate Ingredients: Sweetener: fructose, **soy** protein isolate, whey (**milk**) protein concentrate, flavor: sunflower oil creamer (sunflower oil, corn syrup, sodium caseinate), thickening agent: polydextrose, flavor: cocoa powder, bulking agent: maltodextrin, **soy** fiber, flavor: chocolate flavor, stabilizer: sodium carboxymethyl cellulose, tricalcium phosphate, magnesium oxide, sodium chloride, 4Life Transfer Factor™ (made from bovine colostrum (**milk**) and **egg** yolk), L-ascorbic acid, retinyl acetate, zinc gluconate, ferrous citrate, biotin, niacinamide, copper gluconate, calcium D-pantothenate, d-alpha tocopherol acetate, pyridoxine hydrochloride, thiamine mononitrate, cholecalciferol, riboflavin, folic acid, and cyanocobalamin.



Nutrastart Vanilla Ingredients: fructose, **soy** protein isolate, whey (**milk**) protein concentrate, sunflower oil creamer (sunflower oil, corn syrup, sodium caseinate), thickener (polydextrose), maltodextrin, sweetener (xylitol), **soy** fiber, vanilla flavor, stabilizer (sodium carboxymethylcellulose), tricalcium phosphate, cream flavor, magnesium oxide, sodium chloride, 4Life Transfer Factor™ (made from bovine colostrum (**milk**) and **egg** yolk), L-ascorbic acid, retinyl acetate, zinc gluconate, D-biotin, ferrous citrate, niacinamide, calcium D-pantothenate, copper gluconate, d alpha tocopherol acetate, pyridoxine hydrochloride, cholecalciferol, riboflavin, thiamin mononitrate, folic acid, and cyanocobalamin.





RiteStart™

ALL-IN-ONE NUTRITION FOR MEN AND WOMEN

Unisex Formula





A RIGHT START FOR YOUR DAY

RiteStart™ is designed to help you look and feel great, and have the energy and specific support you need to enjoy an active life.



PACKETS
30

50
LP

A top-selling product, RiteStart contains all the essential building blocks for good nutrition with the added advantage of 4Life Transfer Factor™ Plus Tri-Factor Formula. With vitamins, minerals, essential fatty acids (including Omega 3's and 6's), and a complex blend of potent antioxidants, these convenient packets make daily supplementation simple and stress-free.

DIRECTIONS: Take two packets daily with 240 ml of water. For best results, take one packet in the morning and one packet in the evening.

Do not exceed the recommended daily dose. Not a substitute for a varied and balanced diet and a healthy lifestyle. KEEP OUT OF REACH OF CHILDREN.

Nutritional Information

Servings Per Container: 15

Per Daily Serving		% RI*	Per Daily Serving		% RI*
Calcium	150 mg	19%	Flaxseed Oil	266 mg	-
Magnesium	57 mg	15%	Inositol Hexaphosphate	262,82 mg	-
Vitamin C	15 mg	19%	Soy	260,22 mg	-
Zinc	10 mg	100%	Citrus Bioflavonoids	257,5 mg	-
Iron	3,6 mg	26%	Colostrum	210 mg	-
Niacin	3 mg	19%	Acerola	191,66 mg	-
Pantothenic Acid	2 mg	33%	Borage Seed Oil	186 mg	-
Vitamin E	1,8 mg	15%	Safflower Seed Oil	158 mg	-
Vitamin B6	0,6 mg	43%	Curcumin	157,5 mg	-
Copper	0,5 mg	50%	Egg Yolk	90 mg	-
Vitamin A	450 µg	56%	Cordyceps	74,28 mg	-
Vitamin B1	0,4 mg	36%	Pine Bark	63 mg	-
Vitamin B2	0,4 mg	29%	Grape Seed	63 mg	-
Biotin	70 µg	140%	Baker's Yeast	57,9 mg	-
Folic Acid	40 µg	20%	Agaricus	35 mg	-
Vitamin D3	1 µg	20%	Aloe	34 mg	-
Vitamin B12	0,4 µg	16%	Oat	33,34 mg	-
Fish Oil	1030 mg	-	Maitake	20 mg	-
Green Tea	309 mg	-	Shiitake	20 mg	-
*RI: Reference Intakes			*RI: Reference Intakes		

INGREDIENTS

MULTIPLIX CAPSULE: Tricalcium phosphate, anti-caking agent (microcrystalline cellulose), gelatin, magnesium oxide, ascorbic acid, bulking agent (magnesium stearate), biotin, ferrous sulfate, beta carotene, niacinamide, copper gluconate, anti-caking agent (silicon dioxide), d-α-tocopherol acetate, calcium D-pantothenate, pyridoxine hydrochloride, thiamin mononitrate, cholecalciferol, riboflavin, cyanocobalamin, and pteroylmonoglutamic acid.

TRANSFER FACTOR™ PLUS TRI-FACTOR™ FORMULA CAPSULE: 4Life Tri-Factor Formula (made from colostrum (milk) and egg yolk), inositol hexaphosphate, soy (Glycine max) bean extract, stabilizer (gelatin), zinc gluconate, Cordyceps sinensis, baker's yeast, Agaricus blazeii, aloe (Aloe barbadensis), oat (Avena sativa) seed extract, maitake mushroom (Grifola frondosa), shiitake mushroom (Lentinus edodes), anti-caking agent (magnesium stearate), and anti-caking agent (silicon dioxide).

ANTIOXIDANT CAPSULE: Green tea (Camellia sinensis), citrus bioflavonoids, stabilizer (gelatin), acerola (Malpighia glabra), curcumin (Curcuma longa), bulking agent (microcrystalline cellulose), grape (Vitis vinifera), pine (Pinus maritima), anti-caking agent (magnesium stearate), and anti-caking agent (silicon dioxide).

BIOEFA™ SOFTGEL CAPSULE: Fish oil, stabilizer (gelatin), linseed (Linum usitatissimum) oil, coating agent (glycerin), borage (Borago officinalis) seed oil, safflower (Carthamus tinctorius) seed oil, water, and preservative (tocopherol-rich extract).

**BIO EFA™
(60 CAPSULES)**

This food supplement contains a source of omega-3 fatty acids, which contributes to the maintenance of normal blood cholesterol levels by a daily intake of 2 g of Alpha-linolenic acid ^[1] ^[2].

Each serving contains:

- 1.030 mg of fish oil.
- 266 mg of flax seed oil.

Ingredients: Fish oil, gelatin, flax (*Linum usitatissimum*) seed oil, coating agent (glycerin), borage (*Borago officinalis*) seed oil, safflower (*Carthamus tinctorius*) seed oil, water, and preservative (tocopherol-rich extract).

Directions: Take two (2) capsules daily with 8 oz (240 ml) of fluid.



^[1] EFSA Journal 2009; 7(9):1252 — ^[2] EFSA Journal 2011;9(6):2203



FIBRO AMJ™ DAYTIME FORMULA (90 CAPSULES)

Fibro AMJ™ Day-Time Formula features ingredients known to enhance and support muscle and joint function. Each daily serving (one capsule) contains:

- 3,3 mg of vitamin B6, which contributes to normal protein and glycogen metabolism.^[1]
- 66,7 mg of magnesium, which contributes to normal muscle function and to the maintenance of normal bones.^[2]

Ingredients: Glucosamine hydrochloride (crab and shrimp (**crustaceans**)), acid (malic acid), magnesium oxide, coating agent (gelatine), methyl sulfonyl methane, bovine cartilage powder, peppermint (*Mentha x piperita*) leaf powder, *Boswellia serrata* gum extract, water, anti-caking agent (stearic acid), peppermint (*Mentha x piperita*), N-acetyl L-cysteine, peppermint flavour, pyridoxine hydrochloride, bromelain, grape (*Vitis vinifera*) seed extract, L-cysteine, devil's claw (*Harpagophytum procumbens*) root extract, alpha lipoic acid, and anti-caking agent (silicon dioxide).

Directions: Take one (1) capsule daily with 8 oz of fluid.



CAPSULES

19
LP

^[1] EFSA Journal EFSA Journal 2009; 7(9):1225 — ^[2] EFSA Journal 2009;7(9):1216, 2010;8(10):1807

**FIBRE SYSTEM PLUS™
(30 PACKS)**

- Cleansing
- Digestion

Fibre System Plus™ is a ten-day cleansing program that supports healthy digestive function and regularity. Thanks to the presence of: *Plantago ovata*, *Syzygium aromaticum*, *Rhamnus purshiana*, *Zingiber officinale*, *Piper nigrum*, *Gentiana lutea*, *Ulmus rubra*, *Glycyrrhiza glabra*, *Salvia officinalis*, *Rhamnus frangula*, *Humulus lupulus*, and *Matricaria recutita*.

Directions: Take the contents of one packet 30 minutes before meals, three times daily for ten days.

For best results, use Fibre System Plus™ twice per year.



PACKETS
30

20
LP

Ingredients: Rice (*Oryza sativa*) bran, stabilizer (hydroxypropylmethylcellulose), psyllium (*Plantago ovata*) husk powder, cranberry (*Vaccinium macrocarpon*) fruit powder, pumpkin (*Cucurbita pepo*) seed powder, clove (*Syzygium aromaticum*) flower powder, Apple (*Malus domestica*) fruit powder, cascara sagrada (*Rhamnus purshiana*) bark powder, ginger (*Zingiber officinale*) root powder, black pepper (*Piper nigrum*) berry powder, gentian (*Gentiana lutea* L.) root powder, slippery elm (*Ulmus rubra* Muhl.) bark powder, licorice (*Glycyrrhiza glabra* L.) root powder, bromelain, papain, parsley (*Petroselinum crispum* Mill.) leaf powder, prune (*Prunus domestica*) fruit powder, sage (*Salvia officinalis* L.) leaf powder, buckthorn (*Rhamnus frangula*) bark extract, magnesium stearate, marshmallow (*Althaea officinalis* L.) root powder, hops (*Humulus lupulus* L.) flower powder, bee pollen, chamomile (*Matricaria recutita* L.) flower powder, Irish moss (*Chondrus crispus*) whole plant powder, locust (*Ceratonia siliqua*) bean powder, xanthan gum, papaya (*Carica papaya* L.) fruit powder, pineapple (*Ananas comosus*) fruit extract, and spirulina (*Arthrospira platensis*).

WARNING: Read and follow instructions carefully. Do not use if you have or develop diarrhea, loose stools, abdominal pain, or intestinal inflammation. Consult with your physician if you have frequent diarrhea. If you are pregnant, nursing, taking a medication, or have a medical condition, consult with your physician before using this product. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not use for more than six weeks without medical advice. KEEP OUT OF REACH OF CHILDREN.



SUPER DETOX™ (60 CAPSULES)

Contains plant extracts (milk thistle fruit, dandelion leaf, and artichoke leaf) that contributes to maintain **normal liver function**.

Ingredients: Red Clover (*Trifolium pretense* L.) flower powder, milk thistle (*Silybum marianum*) fruit extract, gelatin, dandelion (*Taraxacum officinale*) leaf extract, broccoli (*Brassica oleracea* L. var italica Plenck) seed and leaf extract, artichoke (*Cynara scolymus* L.) leaf extract, and canola oil.

Directions: Take two (2) capsules twice daily with 240 ml of water.



DID YOU KNOW THAT THE LIVER is one of the most important organs in our body. It carries out a number of functions through the day and contributes to a good quality of life.. It's main functions include:

- **Debugging:** the liver recovers and transforms numerous toxins making them harmless before discarding them. In addition, the liver neutralizes medications once they have produced their effects to help avoid accumulation.
- **Synthesis:** the liver is involved in the metabolism of carbohydrates, lipids and proteins.
- **Storage:** the liver stores the fat-soluble vitamins (A, D, K, E). It also stores glycogen to then provide energy to the body if necessary.

WARNING: KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not exceed the recommended daily dose. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle.

For people with hypothyroidism or low thyroid treatment, consult your doctor.



4Life Fortify™

Nutritional Meal Pack



What could a little girl accomplish with a rich, warm meal in her belly? What could she achieve and dream? What could she grow up to be?

In many parts of the world, children don't get the nourishment they need on a daily basis. So many mothers and fathers struggle to provide the life essential of food for their children—let alone, healthy food that will give kids the vitamins and minerals they need to grow up strong. This problem is especially true of children living in orphanages. So often, there just simply isn't enough food, and kids struggle to function with a painful, empty feeling in their stomachs, often unable to concentrate in school.

Each 4Life Fortify meal pack provides 24 high-quality, child-size meals of rice, lentils, and beans, along with a complete nutritional complex of vitamins, minerals, and 4Life Transfer Factor™. It's the perfect foundation for overall wellness.

These packs are filled with the vitamins and minerals that growing kids so desperately need. Satisfied with a warm and nutrient-rich meal, a child will be able to focus on her daily chores and excelling in math, science, and geography, rather than the distraction of an empty feeling in her stomach.

Visit www.4lifefortify.com to purchase 4Life Fortify and provide a child or a family with a warm and nutrient-rich meal.

www.4lifefortify.com



Fortify a Kid or a Family

Each bag of 4Life Fortify purchased will be donated to children in need around the world with the help of our partner, Feed the Children, a third-party distribution company.

Ingredients: Long Grain White Rice, Lentils, Red Beans, Texturized Vegetable Protein, Dextrin, White Rice Flour, Garlic, Onions, Vitamin Premix (Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Ascorbic Acid, Tocopheryl Acetate, D-Calcium Pantothenate, Niacinamide, Zinc Gluconate, Carbonyl Iron, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Manganese Sulfate, Copper Gluconate, Vitamin A Palmitate, Folic Acid, Sodium Selenite, Potassium Iodide, Biotin, Chromium Chloride, Phytonadione, Cyanocobalamin, Cholecalciferol), Green and Red Bell Peppers, Carrots, Salt, Bovine Colostrum Filtrate and Egg Yolk Concentrate, Hydrolyzed Soy and Corn Protein, Xanthan Gum, Parsley, and Flavorings.
CONTAINS MILK, EGG, AND SOY.



 **24**
SERVINGS

15
LP

Not for resale nor personal use.
For donation through Feed the Children.

* NOTE: 4Life Fortify meal packs are not sent to Europe. 4Life Research™ offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows distributors to invest their time and resources to encourage others to join Foundation 4Life's legacy of service. 4Life Fortify is a product created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed The Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.

DO YOU WANT TO RECEIVE A **FREE PRODUCT** EACH MONTH?

1

ENROLL IN OUR
LOYALTY PROGRAM

4life.com/loyalty

2

ACTIVATE YOUR
MONTHLY ORDER
WITH YOUR FAVORITE PRODUCTS
FOR A MINIMUM VALUE OF 125 LP

3

RECEIVE A
FREE PRODUCT
EACH MONTH
AND GET CREDITS TO REDEEM
FOR OTHER PRODUCTS

*The bonus product of the month is selected by 4Life and will only ship with your next month's Loyalty Program order while you remain an active participant in the program. The bonus product of the month has no LP and cannot be returned or exchanged for a different product.





WWW.4LIFE.COM

Country	email	Phone*	Schedule**	Language(s)***
Austria	austria@4life.com	0800 802 959	9-19 hrs.	German - English
Belgium	belgium@4life.com	080026124	9-19 hrs.	English - French
Bulgaria	bulgaria@4life.com	080030019	10-20 hrs.	English - Russian
Croatia	croatia@4life.com	0800200447	9-19 hrs.	English
Czech Republic	czechrepublic@4life.com	800088481	9-19 hrs.	English - Russian
Denmark	denmark@4life.com	80820234	9-19 hrs.	English
Estonia	estonia@4life.com	8000049097	10-20 hrs.	English - Russian
Finland	finland@4life.com	0800102179	10-20 hrs.	English
France	france@4life.com	0805088790	9-19 hrs.	French - English - Spanish
Germany	germany@4life.com	0800 000 4378	9-19 hrs.	German - English Spanish - Russian
Greece	greece@4life.com	8008481223	10-20 hrs.	English
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Netherlands	netherlands@4life.com	08005802527	9-19 hrs.	English
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Poland	poland@4life.com	800012038	9-19 hrs.	Polish - English
Portugal	portugal@4life.com	800789880	8-18 hrs.	Portuguese-Spanish
Romania	romania@4life.com	0800896475	10-20 hrs.	English
Slovakia	slovakia@4life.com	0800601016	9-19 hrs.	English - Russian
Slovenia	slovenia@4life.com	080488843	9-19 hrs.	English - Russian
Spain	espana@4life.com	900111904	9-19 hrs.	Spanish
Sweden	sweden@4life.com	020888519	9-19 hrs.	English
Switzerland	switzerland@4life.com	0800002003	9-19 hrs.	English - Spanish - German
United Kingdom	unitedkingdom@4life.com	08000988676	8-18 hrs.	English - Spanish

100419_EU_en

* Each country now has its own phone number. It is valid for local calls, if you are in UK, you must call the UK number. Therefore, the numbers listed here are not for international calls i.e., if you are in UK and dial the Spanish number your call won't be answered.

** Business Hours here displayed are according to each country local time.

*** Language(s) in which service is provided to each country.



DISCOVER *Life* DIFFERENTLY



For more information about 4Life products or 4Life business opportunity, please contact:



4LIFE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE. 4Life Research USA, LLC., sells certain products to Distributors, Demonstrators, and Customers within the European Union that are not available for resale in some countries. These products are for personal consumption or the personal consumption of those in your household only and are "Not-For-Resale", distribution, or any other commercial purpose. 4Life limits the number of "Not-For-Resale" products that can be ordered at one time to an amount reasonably deemed by 4Life to be that which the individuals in your household can consume within a three month period. Failure to abide by these rules may result in the termination of your privilege to purchase "Not-For-Resale" products for personal use.